SAFETY TIPS FOR YOUR LOCAL POOL

SWIMMING POOLS ARE COOL IF YOU KNOW THE RULES.

OBEY SIGNS GIVING ADVICE TO SWIMMERS.

MAKE SURE THE WATER IS CLEAR OF SWIMMERS BEFORE YOU JUMP IN, SO REMEMBER YOU ARE NOT ALONE.

LIFEGUARDS WILL HELP YOU HAVE FUN SAFELY.

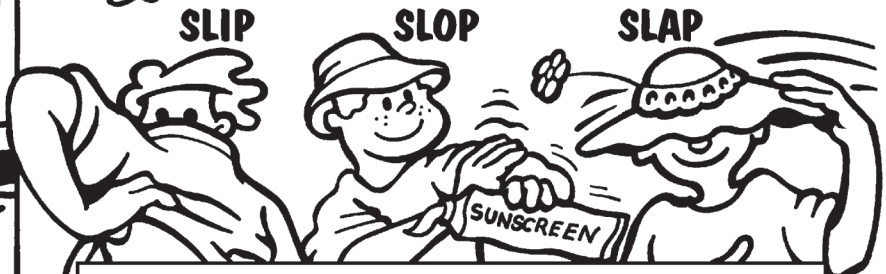
CHECK THE DEPTH MARKINGS BEFORE DIVING.

PLAY SAFELY WITH THE POOL EQUIPMENT.

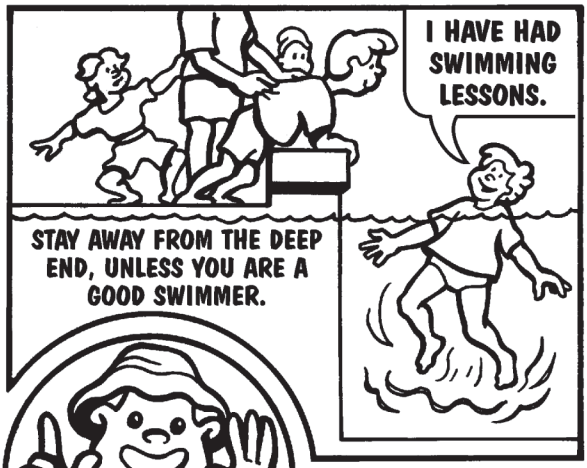
DON'T RUN!

CAREFUL - WET CONCRETE IS VERY SLIPPERY.
IF YOU RUN AROUND THE POOL EDGE YOU COULD EASILY FALL AND HURT YOURSELF OR SOMEONE ELSE VERY BADLY.

ALWAYS SWIM WITH A FRIEND OR AN ADULT.



SLIP ON A SHIRT, SLOP ON SUNSCREEN AND SLAP ON A HAT. THIS WILL LOWER YOUR CHANCES OF GETTING SKIN CANCER.



STAY AWAY FROM THE DEEP END, UNLESS YOU ARE A GOOD SWIMMER.

IF SOMEONE IS IN TROUBLE GET HELP QUICKLY.

ALWAYS PLAY SAFELY NEAR WATER.

MUMS AND DADS, KEEP AN EYE ON THE LITTLE ONES!

PLEASE BIN YOUR RUBBISH, OR TAKE IT HOME.

EVERYONE CAN BE A LIFESAVER

Royal Life Saving
THE ROYAL LIFE SAVING SOCIETY AUSTRALIA

Swim and Survive
An initiative of The Royal Life Saving Society Australia